



Buckinghamshire County Council
Select Committee
Children's Select Committee

Date: Wednesday 27 November 2019

Time: 10.30 am

Venue: Mezzanine Room 1, County Hall, Aylesbury

AGENDA

10.00 am Pre-meeting Discussion

This session is for members of the Committee only. It is to allow the members time to discuss lines of questioning, areas for discussion and what needs to be achieved during the meeting.

10.30 am Formal Meeting Begins

Agenda Item	Time	Page No
10 CHILDREN'S MENTAL HEALTH SERVICES	11:35	5 - 14



For the Committee to receive information about Children's Mental Health Services within Buckinghamshire

- Introductory presentation
- Partnership working with Looked After Children
- Participation from children and young people
- Mental Health Support Teams – to follow item
- Kooth online counselling (slide plus video)

Contributors:

Lead Officers -

Jack Workman - Specialist Commissioning Manager – All Age Mental Health

Matilda Moss - Head of Service – Integrated Commissioning

Partner agencies in attendance -

Oxford Health NHS Trust

Barnardos

Kooth

Purpose of the committee

The role of the Children's Select Committee is to hold decision-makers to account for improving outcomes and services for Buckinghamshire.

The Children's Select Committee shall have the power to scrutinise all issues in relation to the remit of the Children's Services Business Unit. This will include, but not exclusively, responsibility for scrutinising issues in relation to:

- Nurseries and early years education
- Schools and further education
- Quality standards and performance in education
- Special Educational Needs (SEN)
- Learning and skills
- Adult learning
- Children and family services
- Early intervention
- Child protection, safeguarding and prevention
- Children in care (looked after children)
- Children's psychology
- Children's partnerships
- Youth provision
- The Youth Offending Service

** In accordance with the BCC Constitution, this Committee shall act as the designated Committee responsible for the scrutiny of Education matters.*

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If you have any queries regarding this, please contact Democratic Services on 01296 382343.

If you would like to attend a meeting, but need extra help to do so, for example because of a disability, please contact us as early as possible, so that we can try to put the right support in place.

For further information please contact: Katie-Louise Collier on 01296 387006, email: kicollier@buckscc.gov.uk

Members

Mrs P Birchley	Mr N Hussain
Mr N Brown	Mrs W Mallen
Mr A Collingwood	Mr B Roberts
Mrs I Darby	Ms J Ward (VC)
Mr D Dhillon (C)	Ms K Wood
Mr M Hussain	

Co-opted Members

Mrs C Pease
Mr M Skoyles

BUCKS MHST

Trailblazer Mental Health Support Teams (MHST)

*“Delivering a collaborative, system-wide approach to support the mental wellbeing of children in school.”
(DfE)*

Whats on your mind?

Our emotional health is just as important as our physical health. Although you cannot see it, our emotional health has a big impact on our life. It can affect sleep, appetite, behaviour, thoughts, friendships & many other things.

Sometimes our emotional health goes up and down. It is not always easy to manage our emotional health alone. We are here to support you when you are feeling low or feeling worried.

We work in the Mental Health Support Team to support young people just like you. Come and talk to us if you are feeling:

- Anxious or angry about anything
- Depressed or feeling low
- Confused or frightened

KEEP YOUR HEAD UP

Please speak to the following member of staff for further information | [Redacted]

oxfordhealth/mhst

NHS Oxford Health NHS Foundation Trust mind for better mental health Buckinghamshire BUCKINGHAMSHIRE COUNTY COUNCIL

Agenda Item 10

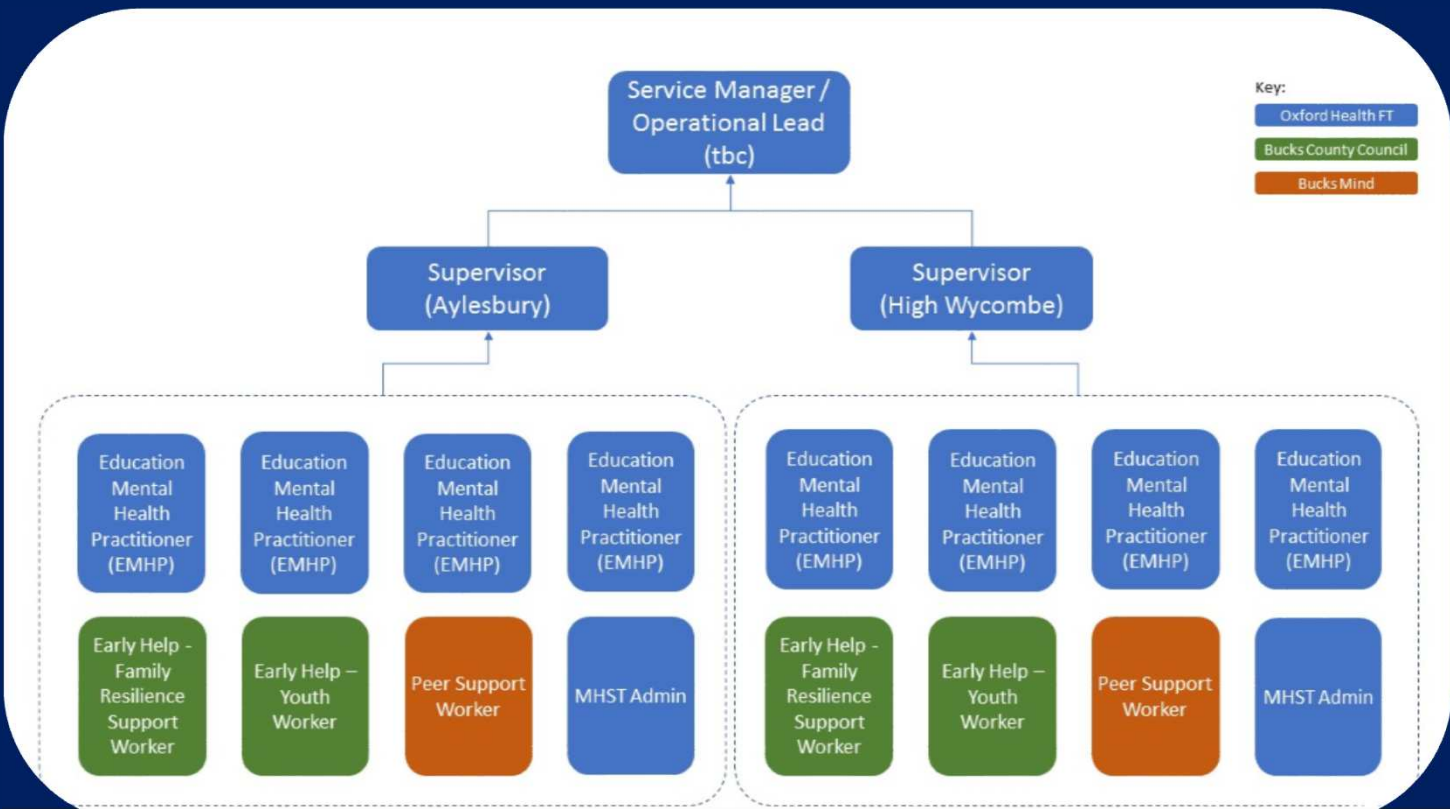
KELLY BARK

Senior Programme Manager | Operational Lead
Bucks MHST

- *Introduction to MHST*
- *MHST Objectives*
- *Bucks MHST partners*



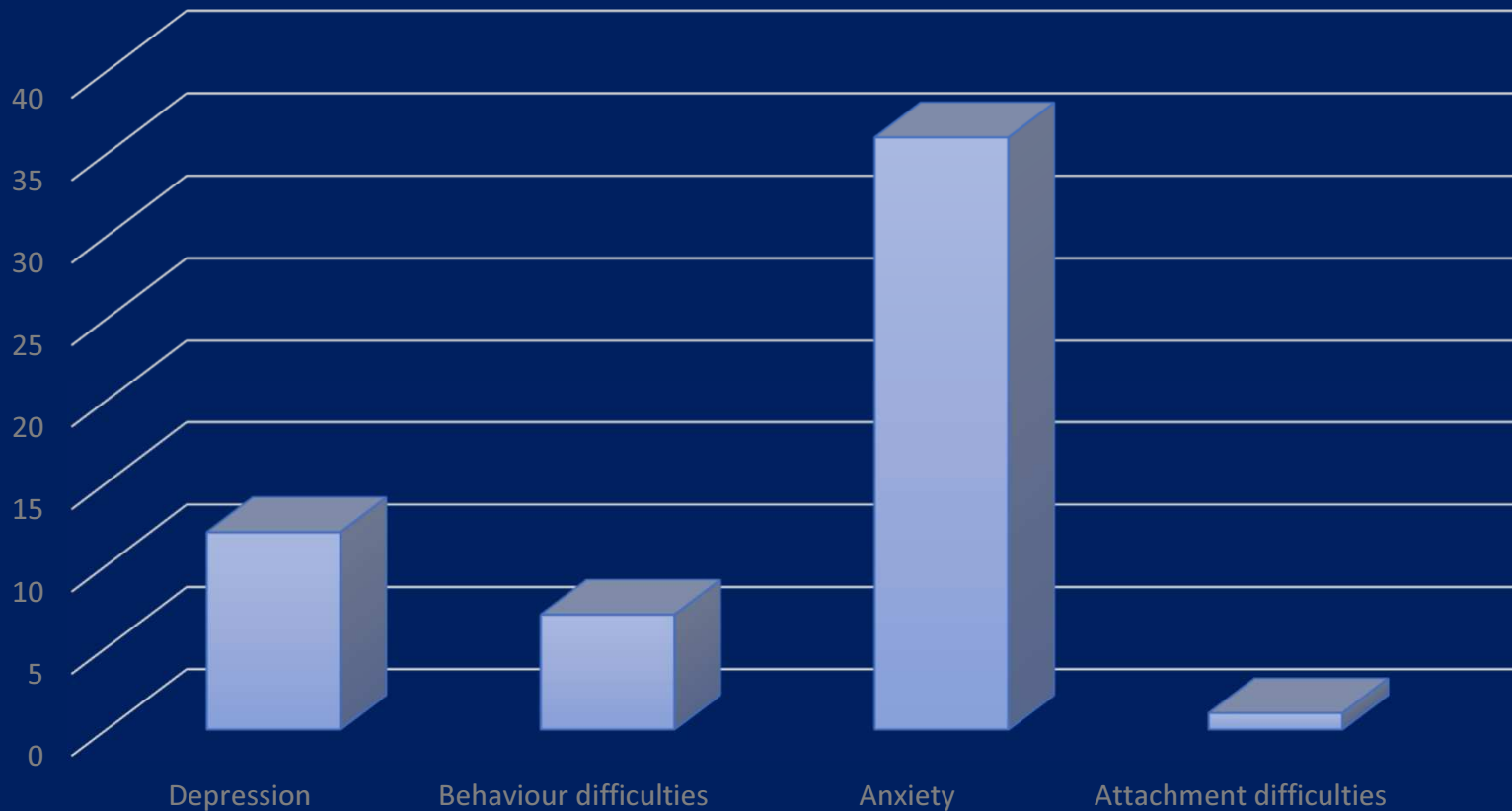
MHST STRUCTURE



MHST schools
Referral criteria & data
Multi-agency perspective

PRESENTING DIFFICULTIES IDENTIFIED AT REFERRAL

MAY-JULY 2019

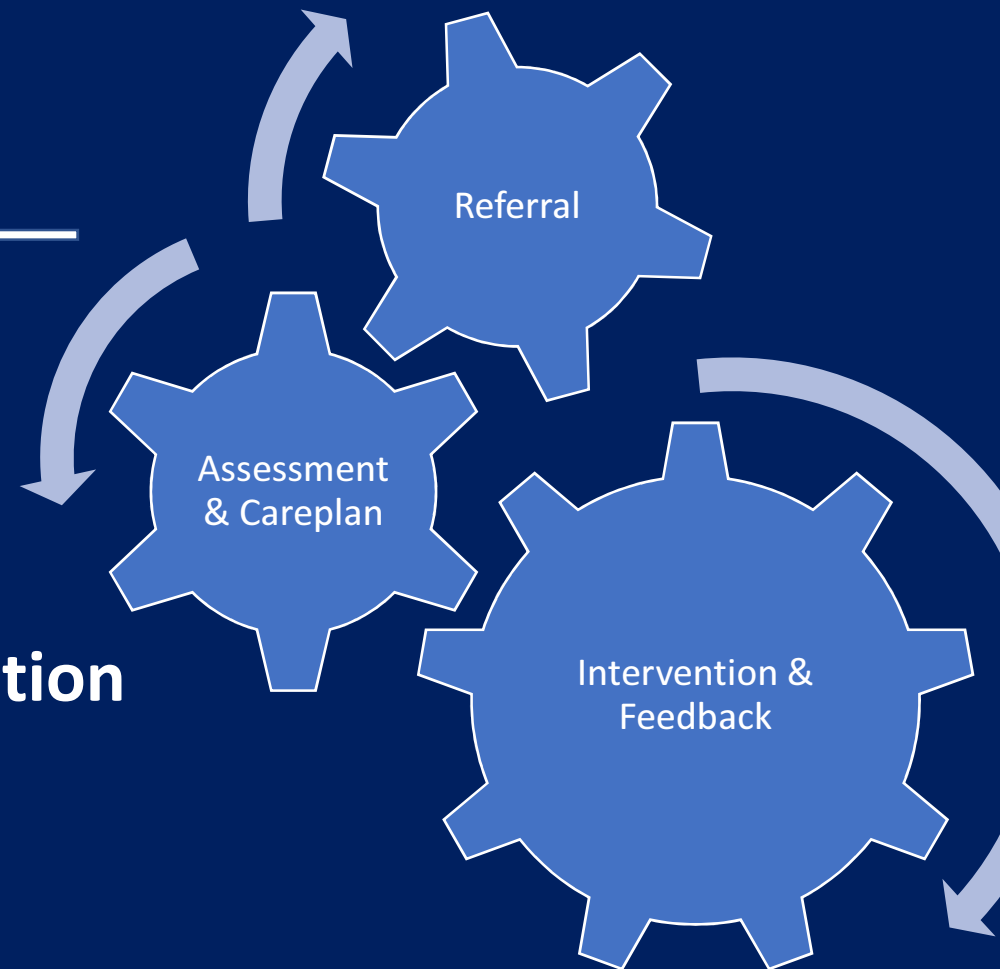


- *Case study*
- *Anxiety: Worry*
Management Intervention

REFERRAL PROCESS

Mental Health Support Team

1. Referral from school to MHST
2. Full assessment (including risk assessment)
3. Collaboration of care plan & intervention
4. Intervention | 6-8 sessions
5. Evaluation & feedback



BUCKS MIND

PEER SUPPORT EDUCATORS TRAINING

- ***PSE AIMS & OBJECTIVES***
- ***SET UP & DELIVERY***



- *Introduction to Family
Worker element*
- *Introduction to Youth
Worker element*

MENTAL HEALTH SUPPORT TEAM

BUCKS MHST

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- *Closing remarks*
- *Q&A*

